

Single Haul



The Newsletter of the Izaak Walton Flyfishing Club

October-November, 2005

Editor's Eddy

Clearly, it's not safe to wander too far afield: subsequent to one of my absences, I was informed that the club had invited me *in absentia* into a new capacity with IWFFC. Seriously, it is humbling to have been elected as President, to follow in the footsteps of the likes of Phil Kettle, Bill Christmas and others: some shoes to try to fill!

On behalf of the Club, I'd like to thank outgoing Prez Ted Armstrong for his leadership over the last two years. During that time, the Forum has continued to be a success, and has got back on a sound financial footing. Well done, Ted.

Our organization has two other elected positions: Ken O'Brien, in his new capacity as Vice-President, will be, amongst other things, stepping up to the plate to emcee club meetings from time to time. Our new Treasurer, Mike Retallick, is a relatively new member who will no doubt be a great asset to IWFFC. Congratulations – and thanks – to both! Ken deserves recognition for his outstanding work as Treasurer (and Forum Treasurer) over the past – count 'em, Ken – five years; work which he made look easy with his mega number-crunching background.

Bob Lundy has kindly offered to share Single Haul editorial duties. It is significant that, four years ago during an editorial interregnum, Bob laid out the newsletter's current eight-page double column format which, despite a few tweaks and modifications, has been largely maintained under the maxim: Don't tinker with what ain't broke!

This Club sustains itself on long-term and occasional volunteer commitment. We have a mostly non-elected executive (see page 2 for complete current list) who cumulatively (and, in some cases, individually) do an enormous amount of work. And this is to say nothing of the Forum's organizing committee and the many individuals who participate in various club activities such as conservation workdays and community events. The efforts of all those individuals are needed and much appreciated.

Bob Kuehnbaum, November 8, 2005

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Quotable / Notable Quotes

Fishing demands faith. Faith like St. Peter's when the Lord bade him cast his hook into the water and catch a fish for money to pay tribute to Caesar. To catch a fish you have got to have faith that the water you are fishing in has got fish in it, and that you are going to catch one of them. You still may not catch anything; but you certainly won't if you don't fish your best, and you won't do this without faith to inspire you to do it. You won't approach the water carefully. You won't study the water carefully. You won't cast carefully. You won't fish out your cast: to do this, patience is required, and patience is grounded on faith. You won't fish each stretch of the water thoroughly before giving up on it and moving to the next stretch. The satisfactions of a day's fishing are deep; and just as deep on a day; when you don't catch a fish; but unless you keep faith that you are going to catch a fish that day, then fishing seems a waste - a waste of time, money, effort, and, most depressing, a waste of spirit. Faith and faith alone can guard the fisherman against a demon of which he is particularly the prey, the demon of self-irony, from acquiescence in the opinion of the ignorant that he is making a fool of himself. Few things can make a man feel more fully a man than fishing, if he has got faith; nothing can make a man feel more fully a fool if he has not got faith.

- William Humphrey, The Spawning Run, from Open Season, 1970

Club News & Events

2005-2006 Club Executive

Bob Kuehnbaum: *President, Single Haul Editor* Ken O'Brien: *Vice President, Membership*

Mike Retallick: Treasurer

Bob Lundy: Web Site, Single Haul Mike Rowan: Forum Co-Chair

Ted Armstrong: Past President, Forum Co-Chair

Don Moore: Forum Co-Chair Don Arthurs: Program Barry O'Rourke: Publications Robert Cristant: Venue Mark Mulford: Mailing

Pat Kelly: Library, Conservation
Don Archibald: Beginners Fly Tying
Ken Geddes: Beginners Fly Tying

Upcoming Meeting Schedule

November 15: General Meeting

Guest Speaker: Club member George Genyk will do a slide presentation on his Atlantic salmon trips.

December 6: Tying Meeting

Guest Tyer: Joe Amaral

Beginner Programme - Continues **December 20: General Meeting**

Panel Discussion:

January 3: Tying Meeting – Happy New Year

Guest Tyer - TBD

Beginner Programme - Continues

January 17: General Meeting

Guest Speaker: Michael Anderson, an avid photographer, will present "The Art of Artifice of Digital Imaging". This will show you how to photograph your favourite flies using a digital camera — just in time to create Christmas presents for everyone you know. Bring your camera and a laptop with Photo Shop, if you have one.

February 7: Tying Meeting

Guest Tyer - TBD

Beginner Programme - Continues February 21: General Meeting

Programme: TBD

2006 Forum, April 8 & 9

This is just a reminder for the **30**th **Anniversary Forum**. As the show approaches, there will be a need for volunteers. If you think it's your time to contribute to this significant event, please contact Ted Armstrong at 905-637-2058.

Second Annual IWFFC Fly Swap

Last year's Striper fly swap was so well received that Elliott "Bassman" Deighton is again acting as Swapmeister to organize **Smallmouth Bass Patterns** this year. The following outlines the rules.

Pick your favourite smallmouth bass fly (lake or river) – please, no woolly buggers – and let Elliott know at the contact numbers below; this will ensure that each tyer will provide a different pattern. Each tyer will submit two more flies than the number of participating tyers. For example, last year there were 13 tiers who each tied 15 flies of the same pattern of their choice. Each participant gets a set of flies consisting of one fly from all the tyers involved. One set of the spare flies will be framed for the 2006 Forum Banquet Silent Auction; the second will be donated for a Club meeting raffle.

Your flies must be submitted to Elliott by the end of February 2006; he will provide regular updates on who's in and what patterns they are tying.

Finally, Elliott advises everyone to "have fun and get involved." You'll get some great new patterns for your fly box and you will be helping out the Forum and the Club.

Elliott Deighton, 26 Burlington St., Mississauga, ON, L4T 1B9, (905)671-1636, bass.man@sympatico.ca.

Membership Coordinator Required

IWFFC is in the process of re-organizing the member and Forum databases. If you have modest computer skills and a couple of hours per month to spare, you could help to keep our membership list current, prepare labels for *Single Haul* mailings, and update Forum participants once a year. If you're interested, please contact Bob Kuehnbaum at the numbers on page 1.

Member of Note

Long-time IWFFC member **Mike Warrian** is widely recognized for his decades-long involvement with conservation and restoration efforts on the Credit River and other cold-water resources throughout Ontario, as a director of the Greg Clark Chapter of Trout Unlimited Canada, and as Ontario Director of TUC (prior to Len Yust). In recognition of Mike's tenure and accomplishments, TUC has created an annual award for "exceptional volunteerism to Trout Unlimited in Ontario."

Congratulations, Mike, for the well-deserved honour!

The first Mike Warrian Award was presented recently to five recipients, two of whom, Eli Garrett and Bob Thomson, are also IWFFC members. Congratulations to them as well!

Conservation Corner

Conservation Workday Reports

Pat Kelly, Conservation Chair

October 29th: Upper Credit River Redd Counts

Members Pat Kelly, Ken O'Brien, and Mike Warrian participated in the annual brown trout and brook trout spawning surveys. In total, about 14 people turned out. One group covered the Credit main stem from Inglewood to Grange Sideroad, while others tackled the West Branch around Erin.

Other Events

September 19th: WeCARE Media Event

CVC hosted a media event announcing the launch of WeCARE (West Credit Appreciation, Rehabilitation, and Enhancement Project). The event was held on the property of Bridget Ryan, which is situated on a tributary of the West Credit northeast of Erin. WeCARE did a tree planting there this Spring.

October 1st: Salamander Festival, Belfountain Conservation Area.

It was a perfect day for a fall festival. Attending the CVC/IWFFC booths were Amy Doole (CVC), Greg Bales (MNR), and club members Shawn and Bob Lundy, and Pat Kelly. We tied 23

flies for the public, collected some contributions for Conservation, and raised the interests of potential new members. Mark Heaton (MNR) displayed salamanders and demonstrated the making of apple cider at a separate location in Belfountain village.

Schedule for Remaining 2005 Events

Wednesday, November 16: Atlantic salmon stocking at Belfountain by the MNR. If you'd like to help contact Mark Heaton at 416-993-1295 or mark.heaton@mnr.gov.on.ca.

For details contact Pat Kelly, IWFFC Conservation Chair, at 905-277-2505 or patckelly@look.ca.

Trip & Tips

A Bass Weekend

Bob Lundy

This year, we attended a family reunion at Valens Conservation Area near Cambridge ON. I had tossed the kayak on top of the minivan, along with the appropriate gear inside, and managed to get out a few times, all in the late evening. The first night was close to a wash-out, with the exception of a few sunfish, one about the size of my hand.

A couple of evenings later, after the scheduled family supper, and prior to the unscheduled fireside get together back at one of the campsites, I managed to sneak out for an hour or so. The first cast, with a yellow and white Gurgler, resulted in a nice 1½-lb largemouth. Then things were quiet, again with the exception of the occasional sunfish. At one point there was "the-suspiciously-large-rise-just-out-of-casting-range" which we've all experienced, but my attempt to sneak closer to toss a few casts was fruitless.

I relocated and worked a nice-looking bit of structure on the backside of the lake's primary island, with only another sunfish or two as a result. It was getting late (and dark) so I planned to troll back to the launch to rejoin the party. (The "pops" would be getting nice and frosty; beer and such is quite illegal in conservation areas and provincial parks, don't you know?) I tied on a white Deceiver, tossed it out and started fixing the rod into the rod holder when I saw the line getting tight, the rod bending and noticed the kayak moving sideways. After a minute or two, and after being towed around a few feet, I had a nice 2-lb bass in hand.

I cast the Deceiver back out and resumed trolling back. The short trip around the island and back to the boat ramp was interrupted only to clear the weeds off the fly. And sure enough, when I finally got back, the party was in full swing with a nice fire, some cold "pops" and lots of friends and family.

I finished the weekend with a "mostly trolling" adventure. Another considerable rise near the dam at the lake's outlet held my interest, but there were no takers. I did manage, however, to land a small largemouth casting a white Deceiver over some structure. After switching to a large yellow Gurgler, I picked up a couple of sunfish just as the last remnants of light left the sky.

Not a bad three or four days.

Valens Conservation Area is managed by Hamilton Conservation Authority. For information: http://www.conservationhamilton.ca/parks/visit/valens.asp. To find out about other conservation areas within driving range, just follow the links to the various conservation authority websites from the IWFFC website.

The Perils of Kayak Fishing

Elliott Deighton

After being a part of the growing Walton kayak gang for exactly one year, I can tell you that kayaks are an ideal fly fishing craft. They are light enough to load on and off a vehicle by yourself. They are far more comfortable, manoeuvrable, and faster than a canoe and will get you into places that even a float tube won't manage. You can sneak up on fish without spooking them and they enable you to fish every kind of water from rivers, ponds and lakes to the extreme of the ocean.

They do have a few drawbacks, however, as a few of my personal experiences and the evergrowing list of stories I read on the kayak fishing websites will testify to.

If you compare the storage space of a kayak to a canoe or boat it becomes obvious that a kayak hasn't got a heck of a lot of space for stuff. This, of course, depends on the size and style of kayak, but generally space is limited. This isn't such a bad thing unless, like me, you are a bit of a packrat. The seasoned ocean kayak fisher, however, has gotten around this problem with the obligatory milk crate strapped on top behind the seat. This crate can contain from two to four rod holders usually made from strapped-in PVC tubing, batteries to power the fish finder, the lights so you

can fish at night, the aerator for the bait tank (of course not applicable to the fly fisher), water, food and extra clothing in a dry bag, and just about anything else you may or may not need on the water. Some build consoles to house their fishfinder screens, G.P.S., compass, ship-to-shore radio, lights and just about anything else they can think of that would give them one-upmanship with their peers. Add a pulley system with an anchor, a drift anchor, push pole, pontoons or outriggers, various safety devices, and a couple of additional rod holders for trolling (the ones in the crate are only for spare rods) and you get the picture that this is a serious fishing craft or a tackle junkie's dream. You can of course go the minimalist's route with one rod, a box of flies and the craft essentials, but what would be the fun in that? A big part of the allure is to come up with something new that your buddies have not heard of, and think so neat that they incorporate it into their own list of kayak equipment.

Outfitting a kayak, however, is the least of your problems. The confined cockpit seems to be a place just waiting for something to go wrong. A bad cast or a snagged fly line spells trouble. Equipment positioned wrongly can mean disaster. On my maiden voyage, I had put my fly case behind my seat which, I found out in the middle of the lake, is inaccessible; so I paddled to shore, intending to climb out and move the case forward between my legs. After jamming the bow into a clay bank, I climbed out and promptly rolled the kayak, dumping myself and all of my equipment into the mucky water. Half a kayak of black swamp water is not easy to bail out.

Fly fishing from such a low position requires that you have a solid command of your casting abilities. A high back cast with no body movement is essential. I read on one kayak website of one neophyte fly fisher who was advised by his kayak dealer to stand up in his kayak to cast. Even with outriggers, I wouldn't chance standing up, especially if there were the slightest chop on the water.

Wind and current can be another danger, especially if you have the anchor out. My last trip to a trout lake with my son, Sean, and a few friends found us at the mouth of an incoming creek with a storm front blowing in. I had the anchor down and hooked into a respectable rainbow when a gust of wind whipped my hat off. "Save the fish," shouted my friends. "To Hell with the fish, that's a \$60 Tilley hat," I replied as I tried to catch it with a fish and anchor in tow. After retrieving both hat and fish, I found out that the anchor was firmly wedged in some sunken logs. A little pulling, manoeuvring and a lot of foul language finally had it free, but it gave

me pause to consider the stories I have heard of kayak fishermen capsizing because they were anchored in a fast moving tide and got caught in the rocks. At best some have to cut their anchor free to stay afloat.

Of course sea fishing has to be the extreme end of this madcap sport. Imagine being miles off shore in nothing more than an overgrown floating beach toy — a plastic banana, if you will. Any number of hardships can happen. Fog can spring up so thick that you can't see the shore, and storms can brew up faster than you can paddle to safety. And of course the fish are a lot bigger than their freshwater cousins.

On the internet, there is a perverse group of kayakers who take great delight in catching the largest fish possible from their little plastic boats. They compete for bragging rights as to who had the longest Nantucket sleigh ride; a term coined by the early New England whalers who used to harpoon the great beasts out of row boats then hang on for dear life when they took off. Tarpon in excess of 100 pounds have been hooked played and "landed" from kayaks along with a variety of other salt water fish.

On fishing expeditions, fishermen are launching kayaks from larger boats to fight a variety of off shore fish like Dorado, tuna and one amazing catch I saw: a 180- to 200-pound blue marlin from an 11 foot kayak!

But I think the most extreme and bizarre case I have seen was a chap in California who regularly fishes for sharks from his 14-foot kayak. On his website, this fellow has a series of pictures chronicling one of his catches. After a two hour fight, during which the 8-foot shark pulled him a further half mile off shore, he towed it back for the same distance to hopefully drown it. His buddy in another kayak then gutted and gilled the shark while it was floating between them. They got the shark onto the kayak, head forward and tail out the back and under this daredevil's arm, for the long paddle to shore. He successfully stayed afloat through the surf and beached the kayak and shark amidst a throng of surfers and people enjoying a normal day at the beach.

You have to wonder about some people. Did he think that this was the only shark out there? Are you just not inviting trouble by chucking shark guts and blood into the sea that far off shore? Yet he lived to tell the tale and earn bragging rights until perhaps the next time when he may hook into the shark's big brother.

I've heard that some kayak fishermen, fishing the Everglades and other places where alligators reside, are carrying handguns. I think, however, that a gator could chomp through my – yum, yum! – yellow kayak faster than I could get a shot off at it, but a gun may come in handy if you come across one of those shacks in the swamp and you start hearing "Duelling Banjos"!

There you have it. Are the risks worth the fun and enjoyment of kayak fishing? You betcha. Just ask anyone of the Yak Waltons.

If you want explore some stories and sites yourself (they make interesting reading even if you don't want to get into kayak fly fishing), here are a few websites to get you started.

<u>www.kayakfishingstuff.com</u> (the be-all and end-all of kayak sites)

www.floridakayakfishing.com (the tarpon nut)

www.kayaksportfishing.com (the marlin story)

www.martialartsacademy.org/quietmanfish.htm (the shark nut)

www.fkpfishing.net (a float tube and kayak site)

...And Don't Forget the Hat Leash!

Bob Lundy

It only takes one time as you watch your favourite fishing hat gracefully drift off over the rim of the nearest waterfall, like the legendary 'Maid of the Mist' legend, for you to remember that you didn't rig up a hat leash. These nifty little accessories are one of the must-haves on my list of gadgets. If you've had good luck with the lottery lately, you can run off to a high-end fishing shop or yacht chandler and plunk down a fair piece of change for a nice commercial leash.

But I prefer to take the cheap route – these are, after all, extremely simple devices – and make



my own leashes. My current model serves me well. It is simply a foot-long (more or less) piece (3mm) small of Cord. A Bungee card of about 2m of this stuff is available the camping section of Canadian Tire. Frankly, piece of strong string would do just as well. To each end I firmly attached a mediumsize alligator clip that I picked up at Radio Shack (now called "The Source"). I have found that a nice figure-8 knot in the end of the cord helps prevent it from being pulled out of the clip, if you ever find yourself fishing in some gale. Quick, simple and cheap. Gotta love it!

(Get or make a set of these! Last year, not having my hat tied down cost me the hat, flip-down lenses – and a brand-new pair of reading glasses which escaped while I rooted for the hat! – Ed.)

Fly Tying

More Jack Sutton

Bob Jones forwarded photos of several relatively unknown Jack Sutton patterns to Don Moore. They are, in Don's word, "incredible". Several of Sutton's recipes were also forwarded, but only the cranefly has a matching photo.

Crane Fly, 1927

Hook: Long shank, #10-6

Thread: Black

Tail: 2 brown speckled pheasant tail fibres

Body: Peacock herl, green Legs: Pheasant centre tail fibres

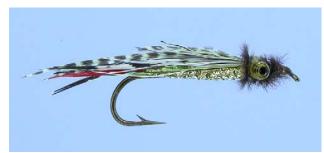
Hackle: Brown hen

Wing: 2 pairs of brown hackles with dark centres,

mounted in the spent position



Cranefly



Fry



Frog



The Spider

When Dave VerKuyl of Durham Flyfishers came to demonstrate spiders at our October 4th meeting, many were probably expecting to see something akin to the classic oversized-hackle patterns. But, to the amazement of onlookers, this is what he assembled.

Dave didn't leave behind a recipe, but the key ingredients are foam for the body, monofilament for the upper legs, and tips of pheasant tail barbs for the lower legs. Dave carefully arranges the legs on the underside of the hook, superglues them in to position and then bends each leg in a couple of spots around a heated bodkin. The pheasant tail tips are then applied with superglue.



Photo Elliott Deighton

Book Reviews

Cane Rods, Tips & Tapers

Ray Gould

Frank Amato Publications, Inc., Portland, OR, 2005. 94 pages, softbound, illustrated, color and B&W. Suggested price US\$25

This is a master class in bamboo rod building. For those who are already building cane rods this little volume will greatly expand your repertoire of both tapers and methods. The book is composed of 22 tips, each comprising a chapter. You will find how to color tone bamboo, how to heat treat and control moisture content, as well as increase your knowledge of grips, guide spacing, rod wrapping and preparing and mounting ferrules. If you would like to start building quadrate or pentagonal, or spiral, or Spey rods, the information here will not only get you started; it will take you over the bumps in the road so you achieve success. Also included are detailed plans for two different machines for milling bamboo, both of which will cost only a few hundred dollars instead of several thousand dollars asked for commercially available milling machines. These plans alone are worth far more than the price of the book. The method and equipment for removing nodes to allow for the production of nodeless rods is also to be found in this book. If this wasn't enough to make any cane rod builder happy, there are dozens of pages of tapers: famous old tapers, tapers from some of the finest modern builders, tapers for Spey rods, tapers for banty rods as short as 4'4", and tapers for spinning and casting rods to boot. This is definitely one of the finest collections of information for the serious cane rod-making hobbyist. The book concludes with a short but lucid discussion about understanding rod actions and an excellent source list.

The book is very well written, edited, and illustrated. The color photographs of both classic and modern bamboo rods of all types are exquisite. The photographs of the equipment for milling bamboo, spiraling, tensioning, etc. are not only good quality images but also show the equipment in a manner allowing the reader to understand clearly the equipment and its use.

For those folks building standard hexagonal cane rods and who want to be better and to expand their horizons, this book is a must-have addition.

Courtesy FFF ClubWire Newswire Service

Miscellany

Equipment Dissatisfaction

Daryl Crowley, West Michigan Hacklers

A recent article in Scientific American (December 2004: The Tyranny of Choice) examined how today's consumers are actually more dissatisfied with purchases because we have too many options. Logic would dictate that our satisfaction should be higher with more options because we can get exactly what we need rather than a compromise, but studies show that this plethora of choices actually leads to more compromise and higher consumer dissatisfaction! We have to spend more time evaluating choices between more features and varying costs, which creates a certain amount of anxiety. When we finally do make our choice, the study has shown that we are much quicker to become dissatisfied with our choice as we wonder if we made the correct choice. Plus, if we had waited a little longer before we made our purchase, there would have been even more choices or the price may have come down. Or maybe if we had shopped around we could have gotten a better price. Consumers also worry about features on the products that they bypassed to gain features on the product they finally bought. Did I make the right choice? Should I have bought the other model?

Fly fishing consumers are certainly far from immune. Think how easy our choice would be if there were only three or four fly rods on the market. It would be very easy to choose which ones to buy and there would be no fretting over whether we had made the right choice. We wouldn't be looking for our 20th fly rod that just perfectly fits some little niche. We would have a trout rod and a steelhead rod and we would still catch fish. We would be perfectly content exactly because there was not a boron deluxe model we could have bought that weighs ½ ounce less. And then we have to wonder if a gold-finished reel would look better on this new rod than the nickel-plated reel we already have. I'm no different. Right now I'm fretting over which rod to buy just for fishing mouse patterns! Grandpa used his old bamboo rod for everything and while it may not have been perfect in all situations he was probably very satisfied and happy with his choice. And why would he have even given it a second thought? After all there weren't a lot of other choices. While there is no doubt that it is fun to have a rod for every fishing situation; can that be causing us dissatisfaction when we fish somewhere and we

don't have the perfect rod? For all the benefits that our modern consumerism brings us it may actually bring us less satisfaction. Maybe sometimes more is less.

Courtesy FFF ClubWire Newswire Service

A Different View of Credit

If you'd like to see the Credit River valley from a different angle, look into an excursion on a sightseeing train operated by Orangeville Rail Development Corporation. The train travels on the former CPR line, and covers about 22 miles (36 km) between Orangeville and Snelgrove. There are some interesting perspectives from Cataract and, of course, the trestle at the Forks. For more information, visit www.creditvalleyexplorer.com.

The Vise Quad

Where members share favourite fly patterns

Tabory's Snake Fly (Black)

Jim Wenger

Hook: 2/0 Mustad 7766, 3407, 34007, Eagle Claw

254SS Thread: Black

Tail: Black ostrich herl 12-14 fibres or very narrow saddle hackle (Black Krystal Flash optional)

Wing: Black blood marabou Collar: Black deer hair tips

Head: Black deer hair spun and trimmed to small head flat on the bottom and slightly rounded on top

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- Start thread mid shank and wrap 1/4 of the way up the shank to the eve.
- Tie in Ostrich herl 1/4 way from eye and tie down to mid shank. (Add Krystal flash at this point.)
- Tie in marabou by tip and palmer forward to 1/4 point on shank
- Stroking the marabou fibres up and back bind by wrapping the thread back to tie in point.
- For the collar tie in the deer hair on top of the shank with the tips extending to the rear of the hook.
- Bind the tips so they encircle the top and sides of the herl. Trim the butts to approx length of finished head size.
- Tie in second bunch of deer hair and spin on the bare shank that is just behind eye of the hook.

- Try to keep most of the hair on the top of the shank.
- Whip finish thread at eye of hook and trim the thread.
- Remove fly from vise and trim the deer hair on underside of the shank flat.
- Clip the rest of the deer hair into a small head that tapers back from the eye.

The overall length is approximately 4-5 inches (10-12.5 cm). I like very full ostrich herl.



Member Discount

John Howard Hackle of Alberta is offering a 10% discount on proprietary (i.e. home-grown) high-quality necks and saddles. For information, call 403-335-8979.



Contacting IWFFC

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